

# Hedonism, fatalism and 'carpe diem': Profiles of attitudes towards the present time

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Time & Society

22(3) 371–390

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DOI: 10.1177/0961463X13487043

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## Abstract

This study investigated the relationships between three types of attitude towards the present time and sense of purpose and meaning in life, positive and negative affect, time conception, past and future time orientations, and the 'Big Five'. K-means cluster analysis revealed three profiles of attitudes towards the present time: 'Epicureanism', 'fatalistic hedonism' and 'absence from here and now'. 'Epicureanism', in contrast to 'fatalistic hedonism' and 'absence from here and now', was positively related to sense of purpose and meaning in life, positive emotions and positive evaluation of time.

## Keywords

Present time orientation, time conception, time metaphors

## Introduction

Some people are said to live in the past. Although the past time has passed it seems to them that this time is still present. They brood over what once happened and it still arouses strong emotions in them. These people are characterized by past time orientation. There are also some people for whom only the future is important. They spend a lot of time dreaming and planning. They often construct more or less realistic scripts of future events in their imagination. These people can be described as having the future time perspective. Other people, however, are focused primarily on

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