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**Abstract** Prayer makes people grow and it shows the supernatural dimension of the family community. The family is called to participate in liturgical, community and individual types of prayer. The most important forms of family prayer include: the Eucharist, sacramental celebrations, the Horarium, occasional blessings, contemplating and sharing the Word of God, Holy Rosary, Cult of the Most Sacred Heart of Lord Jesus, of God Mercy, of Holy Virgin Mary, pilgrimages and acts of folk devotion. The family is called to foster sacramental life and prayer practices of its members. This spiritual growth of the family takes places through bearing everyday testimony and the mutual prayer support on the part of the family members, as well as the educational initiatives for the children. Family prayer comes to fruition in the form of prayer apostolate, whose aims reach beyond the family. Religious associations and family religious movements play a significant role in the developing of family prayer and prayer apostolate.