Opis zajęć: Current trends in psychotherapy (wykład)

Rok akademicki:	2019/2020	**ID zajęć:**	509105
ETAP:	Semestr letni		

Informacje ogólne:

Prowadzący:	dr Krzysztof Ciepliński
Organizator:	Wydział Nauk Społecznych
	Instytut Psychologii
Liczba godzin tydzień / semestr:	/ 30
Język wykładowy:	Język angielski

Kierunek studiów:

Lokalizacja w planach rocznych:	Rok - Semestr
Punkty ECTS:	
Forma zaliczenia:	Nie sklasyfikowany

Cele przedmiotu:

C1- Student will receive information about current tendencies in psychotherapy
C2- Student will acquire skills in applying research results into practice

Wymagania wstępne:

W1- Student has basic knowledge of psychotherapy
W2- Student should have an interest in this topic

Efekty kształcenia dla przedmiotu:

Knowledge
1. Student knows current approaches to psychotherapy - K_W01;
2. Student has information about paths of applications of the results of current research into psychotherapy - K_W13;

Skills
3. Student analyses data from updated research on psychotherapy - K_U01, K_U04
4. Student receives skills in communicating, questioning, analysing and planning of application of research results into clinical practice - K_U07, K-U10;

Social competences (attitudes)
1. Student is conscious of the need of continual improvement of professional skills and personal development - K_K01.

Metody dydaktyczne:

Lecture to the students based on multi-medial presentations with open direct discussions and elements of role playing.

Kryteria oceny i sposoby weryfikacji zakładanych efektów kształcenia:

Unsatisfactory (fail) (FX/F)
Knowledge
1. Student doesn't possess knowledge about current approaches to psychotherapy
2. Student doesn't have information about paths of applications of the results of current research into psychotherapy.
Skills
1. Student doesn't analyse data from updated research on psychotherapy
2. Student doesn't demonstrate skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.
Social competences
1. Student is not conscious of the need of continual improvement of professional skills and personal development

Satisfactory (E)
Knowledge
1. Student possesses basic knowledge about current approaches to psychotherapy
2. Student has basic information about paths of applications of the results of current research into psychotherapy.
Skills
1. Student analyses simple data from updated research on psychotherapy
2. Student demonstrates basic skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.

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Social competences
1. Student is partially conscious of the need of continual improvement of professional skills and personal development

Good (C)
Knowledge
1. Student possess good knowledge about current approaches to psychotherapy
2. Student has better than satisfactory information about paths of applications of the results of current research into psychotherapy.
Skills
1. Student analyses data from updated research on psychotherapy
2. Student demonstrates skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.
Social competences
1. Student is conscious of the need of continual improvement of professional skills and personal development

Very good (A)
1. Student possess full required knowledge about current approaches to psychotherapy
2. Student has full required information about paths of applications of the results of current research into psychotherapy.
Skills
1. Student analyses fluently data from updated research on psychotherapy
2. Student demonstrates very good skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.
Social competences
1. Student is fully conscious of the need of continual improvement of professional skills and personal development.

Treści programowe przedmiotu:

1. General review of current tendencies in psychotherapy
2. Focus on Evidence-Based Practice in psychotherapy

Literatura:

Reading list:
Obligatory
APA Task Force on Evidence-Based Practice. (2006). Evidence-Based Practice in Psychology. American Psychologist, 61, 271-285.
Kazdin, A. E. (2008). Evidence-Based Treatment and Practice: New Opportunities to Bridge Clinical Research and Practice, Enhance the Knowledge Base and Improve Patient Care. American Psychologist, 63, 146-159.
Norcross, J.C., Hogan, T.P. & Koocher, G.P. (Eds.). (2008). Clinician's Guide to Evidence Based Practice. New York: Oxford University Press.
Prochaska, J.O., & Norcross, J.C. (2001). Stages of change. Psychotherapy, 38(4), 443-448.
Prochaska, J.O. & Norcross, J.C. (2013). Systems of Psychotherapy: A Transtheoretical Analysis. (8th ed.). Stamford: Cengage Learning.

Supplementary
Lambert, M.J. (2010). Prevention of treatment failure. The use of measuring, monitoring, and feedback in clinical practice. American Psychological Association. Washington DC.
Norcross, J.C. (Ed.). (2011). Psychotherapy Relationships That Work: Evidence-Based Responsiveness. (2nd ed.). New York: Oxford University Press.
Spring.
Spring, B. (2007). Evidence-based practice in clinical psychology. What it is, why it matters; what you need to know. Journal of Clinical Psychology, 63, 611-631.